

DURANGO DUEL YOUTH LACROSSE TOURNAMENT RULES 2021

BOYS U10, U12, and U14 Divisions Rules

The Boys' U10, U12, and U14 divisions will use US Lacrosse 2019 Youth Rules with the following modifications:

1. **Eligibility:** All teams are required to be able to certify that all players meet age eligibility requirements for the event. Consideration given for smaller programs that have some mixed ages.
2. **Timing:** All games will consist of two (2) 20-minute running time halves with a five-minute half-time. *Note- game duration and halftime may be shortened by mutual agreement of participating teams. Also, at the discretion of the tournament organizers, game times may be shortened due to inclement weather, or to keep the tournament on schedule. Penalties will be stopped time. Teams not ready to face off on the hour, and at the start of the second half, will be assessed a 60-second delay of game penalty.
3. **Overtime (not applicable in pool play- bracket play only):** Sudden victory overtime will follow the completion of a tied game after a 3 minute break; the sudden victory period will be 4 minutes of running time; goals defended will remain the same for the first sudden death period and a face-off will commence the first sudden death period; teams will change ends (goals) after each sudden death period. The ball will be put in play at the relative area of the field by the team which had possession of the ball at the end of period; if no possession, a face-off will take place.
4. **Timeouts:** Each team will be given one (1) one-minute timeout per half. No carryover of unused timeouts. Game clock will stop during timeouts. There will be no timeouts allowed in overtime.
5. **Advancing the Ball, Counts & Stalling:** No counts will be used but stalling may be called, and the ball will have to be kept in the box in the final two minutes of play (U12 and U14 ONLY).
6. **Body Checking:** No body checking of any kind is permitted in Boys U10. Allowable body contact at these levels are legal holds, legal pushes, the use of equal pressure against an opponent to gain possession of a loose ball, defensive positioning to redirect an opponent in possession of the ball, boxing out on ground balls, and contact deemed incidental by officials. "Bull" dodges while in possession of the ball that force an opposing player to the ground are not allowed.
7. **Stick Checking:** Any one-handed check will be considered a slash even if contact is not made. For U10, any check that originates above the head will be considered a slash.
8. **Substitutions:** All substitutions will be on the fly through the box or doing stoppage of play.
9. **Face-off:** Face offs will occur at the start of each half, after each goal, and at the start of each period in the championship game in the case of overtime.
10. **Penalties:** In U10, there will be substitutions in place of man up/man down. In other age groups, penalties will be served in the penalty box and will result in playing "man-down."
11. **Equipment:** All players must wear helmet, gloves shoulder pads, elbow pads, mouth guard, cups. Goalie must wear arm pads.
12. **Field:** Fields will be regulation-sized fields for all levels. U12 will play on the Unified 110 yard field. U10 is a "modified" field per US Lacrosse rules.

13. **Bracket Rankings:** All teams will have pool play format. Each division may be structured differently based on the number of teams registered. Rankings based on overall record. If tied (1) Head to Head; (2) Fewest Goals Allowed (3) Goal Differential; and (4) Coin Flip.

14. **Penalties:**

- Technical foul is 30 seconds; personal foul is 60 seconds. Unsportsmanlike conduct carries a mandatory 1-3-minute non-releasable penalty. If a player or coach has more than one Unsportsmanlike conduct penalty in a game, it's a mandatory ejection. Penalty will start when referee blows whistle to restart play.
- Fouling Out: Any player who accumulates 4 personal fouls or 5 minutes in personal foul penalty time shall be disqualified from the game. A substitute for that player may enter the game when the disqualified player would have been permitted to re-enter had he not fouled out (US Lax 5-11).
- Ejections - in the event a player or coach is ejected from a game, the referee's, head referee and tournament director will meet to discuss future game penalty, if any

15. **Other:**

- Stick length is per US Lacrosse 2019 Youth Rulebook. No long poles in U10.
(<https://www.uslacrosse.org/rules/boys-rules>)
- No counts will be used but stalling may be called, and the ball will have to be kept in the box in the final two minutes of play.
- No offsides U10 unless agreed by coaches before the start of a game.
- Only stick checks permitted are (1) lift checks (2) poke checks (3) downward stick checks below both players shoulders
- Faceoffs for U10 at the start of the game, and after halftime will have all players except the faceoff players behind the GLE unless agreed by the coaches at the start of the game.

	U14	U12	U10
Advancing ball ("counts") Goalie 4, Midfield 20, box 10	YES	NO	NO
Over/back	YES	YES	NO
Stick length.	FULL	FULL	37" – 42"
Final 2 minutes. Team in lead by 4 goals or more. "Get it in Keep it in"	YES	YES	NO
Stalling	YES	YES	YES
Faceoff *Team behind by 6 may elect possession after goal.	Yes	Yes*	Yes*
Body Checking *Take out checks considered unnecessary roughness	YES*	YES*	NO

Girls U10, U12, U14 will use the following:

* Girls will follow, USLacrosse 2019 Youth Girls Rulebook.

U10 girls: Goalies or no goalies to be agreed upon between coaches, shoot on upside down goal if no goalies